



## ACC PARENTAL CONSENT FORM



### Notes for Parents & Guardians:

All participants under the age of 18 must have a signed ACC parental consent form. (The only exemption is where a young person having reached the age of 16 can prove that they are no longer living with their parents or guardian and are living as an independent adult. This needs to be proven by the supply of evidence such as a rent book or utility bill with the person's current address in their name or a National Students Union membership card.)

The minimum age for unaccompanied children on an ACC Club Run is 14. There is no lower age limit if accompanied by a responsible adult acting in loco parentis, but a signed parental consent form is still needed. Children aged 16 -17 may participate unaccompanied if they have parental permission and the parental consent form is signed. In addition for those aged 14-15 we need to meet with the parent(s) before their child rides.

Parents or guardians must be aware:

- of the demands of the ACC Club Run and that they alone make the decision about the ability of their child to complete the ride.
- that the child may cycle with other adults and / or with children, but that there is also a likelihood of the child having to cycle on their own.
- that while ACC extends a welcome to cyclists of all ages, no special provision for children is provided on the ACC Club Run. Arrangements to get to and from the ride are the sole responsibility of the parent or guardian.

ACC, its members, agents and other participants may take photographs during the course of the Club Run, mostly for private use but some may be for local or national publicity purposes. It may be difficult to ensure that photographs in which your child appears will not be used in any way. If you have concerns about this please speak to the Captain or Vice-Captains.

I consent for the child named opposite to participate in the ACC Saturday standard/alternative/Sunday/Brighton Club Run (please delete as appropriate) I have read and understood the notes above.

Signature of parent or guardian: .....  
Name (in BLOCK CAPITALS): .....



## ACC GUEST REGISTRATION FORM



### RIDE INFORMATION:

- Rides start and end at Coulsdon South Station.
- The Standard Saturday Club Run is approximately 40-45 miles. As a minimum participants must be able to cycle 40 miles at an average speed of 15 mph.
- The Sunday Club Run and Alternative Saturday Club Run can be anything from 40 to 60, often very lumpy, miles. Participants must be strong riders capable of riding 40 miles at an average speed of 17 mph.
- The Brighton and Back Saturday Club Run is approximately 90 miles.

Details of participant: (Please use BLOCK CAPITALS)

First name: .....Surname: .....  
Address: .....  
..... Postcode: .....  
Tel No: ..... Email:.....

Please sign disclaimer below.

Non-members may participate on 3 occasions before joining ACC.

Date of birth if under 18: .....

(Parental Consent opposite must be signed if under 18)

Emergency contact details:

Name: ..... Telephone: .....  
Relationship to rider: .....

Disclaimer for non ACC members. I agree that I understand and will abide by the terms and conditions required by the ACC for the safe participation in the Club Run and to act responsibly and adhere to the rules of the road and countryside. I hereby maintain that I am fit and healthy enough to participate in this activity and my cycle is in a safe, legal and rideable condition. I also accept that the ACC cannot be held responsible for any personal injury, accident, loss, damage or public liability during the ride.

Name: ..... Date: .....  
Signature: .....