



# ACC Cycle Leisure Rides

Sunday 7 July, 4 August, 1 September - 9:30am

Starting from Nonna Rosa's Café

108 Brighton Rd, Coulsdon CR5 2NB

Addiscombe Cycling Club are offering leisure rides for cyclists who want to try riding in a group. All abilities welcome.

- ♦ Bicycles Must be in a roadworthy condition
- ♦ You must be confident riding on the road
- ♦ You must be 16+ yrs old or an adult accompanied teenager
- ♦ Helmets compulsory
- ♦ Spare inner tube, pump, water, snack & money recommended

Join us for a relaxed, inclusive and friendly ride.

For further information contact [leisurerides@addiscombe.org](mailto:leisurerides@addiscombe.org)

We also have a club ride starting from Coulsdon South station every Saturday 9:10am for more experienced riders. See our website for more details.

