



ACC NEWS JAN 2019



Tim Moody comes 4th at Hillingdon

Tim can provide some brief info

Club Rides going Strong over Winter

It maybe winter but the Saturday club run is still attracting good numbers as well as the Alternative and Sunday rides – checkout [Facebook](#) for the latest information

ACC Subs are due

Subs are due from 1 November so please can you send payment if you have not done so already. The easiest way is to pay by standing order (and you get a £1 discount). Details can be found here

<https://www.addiscombe.org/membership/>



ADDISCOMBE CC CLUB SURVEY

We are conducting a survey to find out what you like about our great club and how it can be improved. Please complete to have your say.

<https://www.surveymonkey.co.uk/r/2WFRTJ2>

Tim & Paul's Excellent Adventure in Spain

Tim & Paul enjoyed a bit of December sun in Xabia, Spain. With temperatures of 20c, it made the perfect destination for a cycling trip. Airport Pickup, Accommodation and Bike Rental was supplied by Addiscombe member Peter Murdoch of [Blanca Bikes](#).



Addiscombe AGM 2018

There was a massive turnout for the 91st Annual General Meeting of the Addiscombe Cycling Club on 5 December. If you missed the action, the minutes can be found here:

[link](#)

AGM 2018



OLD PORTLIANS CC RELIABILITY TRIAL

3 FEB 2019

Some of us will be taking part in the Old Ports Reliability Trial. This is a great no frills event with two fantastic routes, 100km and 68km through Kent, taking in the Ashdown Forest. IT IS NOT A RACE and suitable for all abilities. More info [here](#)



ACC cycles over 3,400 miles over Xmas on Strava

73 of us recorded rides over the Xmas break with Tim Moody recording the highest mileage of 365 miles (for a current member) with the Captain having the highest average speed of 19.4 mph. You can join our group on Strava using the following link

<https://www.strava.com/clubs/addiscombe>

| Rank | Athlete | Distance ▼ | Rides | Longest ▼ | Avg. Speed ▼ | Elev. Gain ▼ |
|------|---|------------|-------|-----------|--------------|--------------|
| 1 |  Oliver Bridgewood GCN | 412.3 mi | 8 | 126.2 mi | 16.3 mi/h | 25,276 ft |
| 2 |  Tim Moody | 365.6 mi | 5 | 93.4 mi | 16.6 mi/h | 27,201 ft |
| 3 |  Joe Holliday | 316.7 mi | 6 | 155.6 mi | 16.3 mi/h | 24,502 ft |
| 4 |  Thomas Hansell | 315.8 mi | 6 | 70.4 mi | 18.1 mi/h | 19,094 ft |
| 5 |  Matthew Halvatzis | 287.1 mi | 7 | 74.8 mi | 17.4 mi/h | 13,025 ft |
| 6 |  Paul Hone | 241.9 mi | 4 | 85.8 mi | 19.4 mi/h | 14,052 ft |
| 7 |  George Kingaby | 186.0 mi | 5 | 87.0 mi | 18.9 mi/h | 9,508 ft |
| 8 |  Sean Hogan | 181.6 mi | 5 | 48.1 mi | 16.4 mi/h | 5,154 ft |
| 9 |  Ant M | 166.7 mi | 10 | 29.0 mi | 18.1 mi/h | 6,496 ft |
| 10 |  Peter Broadbery | 155.5 mi | 4 | 55.4 mi | 14.6 mi/h | 11,857 ft |
| 11 |  Tony Maynard | 147.5 mi | 3 | 68.4 mi | 16.6 mi/h | 10,259 ft |
| 12 |  Ranj Kanag | 146.3 mi | 4 | 56.1 mi | 16.5 mi/h | 7,854 ft |